

Cramming for tests?

Bad idea.



How to avoid cramming for tests?

START NOW!

There needs to be original learning in order to review material before test-taking. **YOU WILL NOT BE ABLE TO LEARN LARGE AMOUNTS OF NEW MATERIAL THE NIGHT BEFORE A TEST.**

The best thing you can do early in the semester is to get in the habit of reviewing what happened in class as soon as possible after class.

Immediately (or soon) after class:

1. Rework your notes, adding material that comes to mind. (Don't recopy; this is wasteful.)
2. Order and organize what was learned. (Star, use arrows, additional comments, etc.) Make sure your notes make sense to you, and they are useful when you need them for review later on.
3. Integrate new material with what you already know.

Forgetting is most rapid right after learning. Relearning is easier if it is done quickly. Early and frequent review helps combat this. Don't wait until it's all gone.

A SMALL AMOUNT OF TIME SPENT ORGANIZING YOUR LEARNING AFTER EACH CLASS WILL PAY OFF WHEN IT IS TIME TO PREPARE FOR YOUR TESTS!

Find more study tips at <http://LSS.edgewood.edu>.