

Train Your Brain



Looking for a fun and addictive way to exercise your brain – and help others at the same time?

Visit www.freerice.com . For every vocabulary word you get correct, 20 grains of rice are donated to the United Nations to help end world hunger.

And how does playing the vocabulary game at **FreeRice** help you? Learning new vocabulary has tremendous benefits. It can help you:

- Formulate your ideas better
- Write better papers, emails and business letters
- Speak more precisely and persuasively
- Comprehend more of what you read
- Read faster because of improved comprehension
- Get better grades in school
- Score higher on tests like the GRE, LSAT and GMAT
- Be more effective and successful at your job
- And most importantly—it's healthy! Keeping your brain active can help prevent or delay the onset of Alzheimer's disease and dementia.

To learn more about effective study or to subscribe to the LSS study tips podcast, go to <http://LSS.edgewood.edu>.

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